

# THE JOURNEY JOURNAL



January 2022 Edition

**Welcome** to the January 2022 Edition of The Journey Journal! Here is a quick list of what you can find in this month's newsletter: Reminders, Pray With Us, Coloring Page, and Riddles & Games.

## **Starting Off With a Couple of Reminders:**

1. **Happy New Year:** Happy New Year! Somehow 2021 flew by and it is officially 2022. A new year means an opportunity to create new routines and hobbies. Especially since every year is as unpredictable as the next, having something that you love to do or go back to is always great! Linked below are a few hobbies that you can try out. After choosing your new hobby, a quick google search should give you lots of guidance towards achieving your goals. Remember that you do not have to be perfect at a hobby to have a hobby. All that matters is that you enjoy what you are doing!

[https://hobbyhelp.com/inspiration/indoor-hobbies/#48\\_Making\\_Music\\_on\\_The\\_Computer](https://hobbyhelp.com/inspiration/indoor-hobbies/#48_Making_Music_on_The_Computer)

2. **Covid-19:** Unfortunately, the Covid-19 pandemic is still an issue. Especially with the Omicron variant spreading rapidly throughout the country, Covid-19 cases are increasing. Protecting your health is important: get vaccinated, wash your hands and wear a mask in public spaces. Here is a link with additional information on Covid-19 and booster vaccines:

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/booster-shot.html>



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# Pray With Us

Happy and Blessed New Year!

May the Lord Jesus Christ continue to bless each of us in 2022. Not by shielding us from sorrow and pain, but by strengthening us to bear it when it comes. Not by making our paths easy, but by making us sturdy and strong enough to tread any path. Not by taking hardship from us but by taking away the fear from our heart as we meet life's hardships.

And as said by Pope John XXIII.....

Consult not your fears, but your hopes and your dreams.

Think not about your frustrations, but about your unfulfilled potential.

Concern not yourself with what you tried and failed in, but what it is still possible to do. Now is the time to put aside past and present setbacks and failures and look with confidence to the new day called tomorrow. Blessing Chaplain Carol

## Coloring Page





# Riddles & Games



## Riddles

1. Fill in the gaps so the following equation makes sense:

$$10 \ 9 \ 8 \ 7 \ 6 \ 5 \ 4 \ 3 \ 2 \ 1 \ 0 = 2022$$

You are allowed to use the mathematical symbols +, -, x, : and as many brackets as you like. In other words, your answer should be of the form ,  $10 \times 9 + (8 - 6) \times 5 \times 4 - ((3 \times 2) + 1)$ , although not this one, which doesn't equal 2022.

2. What comes once in a year, twice in every month, four times in every week?

3. I am four times as old as my daughter. In 20 years time I shall be twice as old as her. How old are we now?

4. What belongs to you but others use it more than you?

5. In what year did Christmas Day and New Year's Day fall in the same year?



## Math Squares



	+		+		12
+		-		×	
	-	4	-		-5
-		+		÷	
	-		×	2	-11
1		6		24	

### Fill in the missing numbers

The missing values are the whole numbers between 1 and 9.

Each number is only used once.

Each row is a math equation.

Each column is a math equation.

Remember that multiplication and division are performed before addition and subtraction.

# Riddles & Games



## Letter Tiles Puzzle

Unscramble the tiles to reveal a message.

Each tile is used only once.

Use spacing, punctuation and common words to find adjacent tiles.

Some words may be split into two lines.

a	c	e	w	a	y	p	e	o	w	o	l	l	o	v	e	n	d	s	p	e
r	i	t	s	y	o	u	p	r	o	a	l	M	a	y	,	a	,	l		
y	f																			


## Word Search: National Holidays in January

All of the words in the list fit into the blank of "National \_\_\_\_\_ Day"

Q L O K C L T O M T C Y X C D E G B J D  
 F U K N R B C H E J C N F P X T S I P S  
 E G O V Q C T C E V D J X O L A V R R B  
 E V N X O D H E F S Y E U M L L W D H Y  
 Y H O W X N K O I V A R B W I O V Q J J  
 J H H E O A L R Z G S U S X Z C Z L B J  
 M A O L C Q T Q L W O X R Y D O W A Q C  
 S U O E F Y N O D T Y F C U D H I S L M  
 J G D A E H E L B B O B C F S C V D E U  
 Y Z A T Y W O H U L S Z M Y W U Y K P Z  
 G W C K O U Z A G L A S Y E K R Z P D N  
 J I K P G C F V B J J R P W X N L R G O  
 T X X K L S I Y E H Q O V A R M A E I L  
 W Y P L G E T R I V I A D O G V T K X G  
 S S B H F F G K P C F L C D F H S C O R  
 V B W Q P K F A N A U P I G B N E I O P  
 F L W R W C I F B B O B M D O C C T K G  
 A R W K J Y R N T P E O E D P G M S T Q  
 M A R T I N L U T H E R K I N G J R C I  
 C S P B U X F A W Q W D A W S Z K E O N

- Bagel
- Chocolate Cake
- Trivia
- Spaghetti
- Bird
- Technology
- Bobblehead
- Apricot
- Sticker
- Popcorn
- Martin Luther King Jr
- Thesaurus



Answers to Riddles: 1. Here's one solution -  $10 + (((9 \times 8 \times 7) - 6 + 5) \times (4 + 3 - 2 - 1)) \div 2$ .

The letter E 3. 40 and 10 4. Your name 5. Every year

3	+	1	+	8	12
+		-		x	
5	-	4	-	6	-5
-		+		÷	
7	-	9	x	2	-11
1		6		24	